



# Summer Splash Invitational

GPSA Wiki Documentation

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Greater Peninsula Swimming Association

[wiki.gpsaswimming.org](http://wiki.gpsaswimming.org)

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In the GPSA, we believe every swimmer deserves a milestone moment. While the league year culminates in several ways, Summer Splash serves as the definitive championship-style season finale for the majority of our league. It's the day to shave time and see your hard work pay off on the big stage with medals for the top 8 in every event.

The meet is **not scored by team** — just swimmers racing their best in front of family and teammates.

Summer Splash is typically held the Saturday before City Meet. The date for each season is published on the [GPSA Meet Schedule](#) and the [GPSA Invitationals site](#).

## Eligibility

Summer Splash is designed to give every athlete a chance to shine. The meet is open to **all GPSA swimmers**, with entries based on your **current season times**:

- **Target Your Best Times:** If your time in an event is currently slower than the City Meet qualifying standard, Summer Splash is your stage. It's the perfect environment to shave time, hunt for a podium finish, and experience a premier meet atmosphere.
- **Expand Your Range:** Already qualified for the City Meet in your main event? Congratulations! While you'll save that specific event for City Meet, you are encouraged to enter any other events where you haven't yet met the qualifying standard.

Whether you're aiming for a Top 8 finish, crushing a personal best, or making one last push for a City Meet cut, Summer Splash is your moment to shine on the big stage.

For example, if you've already punched your ticket to City Meet in freestyle and backstroke, you can still race for the podium at Summer Splash in breaststroke, butterfly, and the IM! Swimmers who haven't locked in a City Meet cut yet have the green light to swim a full lineup of events. As always, your coaches and GPSA Representatives will help finalize your entries.

**Age is determined as of June 1st of the current season.** See [Age Groups](#) for details.

## Relays

Relay eligibility follows the same rule — swimmers may participate in a relay leg for which they have a time slower than the qualifying standard. Coaches manage relay lineups.

## Event entries

Coaches and GPSA Representatives manage event entries — parents do not submit entries directly.

Each swimmer may be entered in:

- Up to **3 individual events**, limited to events for which they have a time slower than the qualifying standard
- **1 relay** (subject to the same eligibility rule)

## Day of the meet

## Schedule

Warm-ups typically begin around 8:00 AM with competition starting around 9:00 AM. Specific warm-up lane and time assignments for each team are published in the meet invite and on the [GPSA Invitationals site](#).

## Order of events

Events run in this order:

1. Individual Medley (IM) — ages 10&U through 15-18
2. Freestyle — ages 6&U through 15-18
3. Breaststroke — ages 8&U through 15-18
4. Backstroke — ages 6&U through 15-18
5. Butterfly — ages 8&U through 15-18
6. (*~20-minute break*)
7. Relays — Open 200M Medley Relay and Open 200M Freestyle Relay

See [What is an Individual Medley?](#) if you're new to the IM event.

## Following your swimmer

Use the **SwimTopia mobile app** — the same one you've used during the regular season — to look up your swimmer's event number, heat, and lane assignment. Results are posted in the app after each event. Note that viewing live results and heat sheets in the app requires a SwimTopia subscription (available at low cost). See [SwimTopia's guide for parents](#) for setup instructions.

A heat sheet is also published on the [GPSA Invitationals site](#) before the meet as a free alternative.

## What to bring

- **Swimsuit and team cap** — required for competition
- **Goggles, towels, warm clothes** — the venue is indoors
- **Water and snacks** — outside food and beverages are not permitted inside the facility; concessions are available on-site

**Tech suits are not permitted.** Tech suits are high-performance racing suits made of water-repellent technical fabrics with bonded seams and compression panels. Standard competitive swimsuits are fine.

## Venue & parking

The meet location is announced each season on the [GPSA Meet Schedule](#) and the [GPSA Invitationals site](#). Once you know the venue, find the participant guide for that location:

- [Hampton Virginia Aquaplex \(HVA\)](#)

Regardless of venue:

- Only coaches, officials, swimmers, and meet volunteers are permitted on the pool deck
- No outside food or beverages permitted in the facility
- No photos or videos from behind the starting blocks

## Awards

- **Individual and relay events:** medals for 1st through 8th place
- Awards are distributed to GPSA Representatives after the conclusion of the meet
- **This meet is not scored** — no team points or team trophies

## Related Resources

- [City Meet \(Championship Meet\)](#) — the championship meet held the following week
- [City Meet Qualifying Times](#) — to understand which events your swimmer is eligible for at Summer Splash
- [GPSA Invitationals site](#) — official meet information, heat sheets, and results
- [GPSA Representative Duties](#) — entry submission and meet-day rep responsibilities